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Ice Sabers: 30 Chilled Treats Using The Force Of Your Freezer! (Star Wars Cookbook)



Synopsis

Create 30 sweet, chilled treats in this Star Wars-themed cooking kit, from Mos Icely to Qui-Gon
Gingerbread Ice Cream Sandwiches to Frozen Hoth Chocolate. Or freeze up lightsaber-inspired ice
pops using the 4 lightsaber ice pop molds included in the kit. With so many easy-to-make recipes for
delightful treats, this galactic cookbook will appeal to any Jedi appetite.

Book Information

Series: Star Wars Cookbook

Paperback: 64 pages

Publisher: Chronicle Books; Box Nov edition (April 2, 2013)

Language: English

ISBN-10: 1452107610

ISBN-13: 978-1452107615

Product Dimensions: 9.2 x 2 x 11.8 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (76 customer reviews)

Best Sellers Rank: #123,345 in Books (See Top 100 in Books) #112 in [Books > Children's Books](#)
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Grade Level: Preschool and up

Customer Reviews

With a 7-year old boy & 4-year old boy in our family, we are big Star Wars lego & Star Wars
food-merchandising fans (despite not having seen the movies or tv series yet, the boys that is). We
already have the various Williams-Sonoma Star Wars cookie cutter sets, so this popsicle mold is
unique and a GENIUS idea. And, best of all, the frozen ice sabers look fantastic and fun. I've used
the mold once and have only quickly flipped through the cookbook, so I can only comment on the
popsicle mold and not so much the cookbook. Although I am a cookbook addict, it was the ice saber
mold that I was drooling after even though it's a very basic, old school, nothing fancy design.
Honestly, I am not that interested in the cookbook... yet. So, at \$20, you're paying mostly for the
cookbook cost, while the ice saber mold is just an added treat. But, I wish it were the other way
around--larger ice saber mold with a smaller, complementing "cookbook"?As the photo shows, the
popsicle mold makes 4 popsicles at-a-time. The popsicles are petite, barely containing 1 ounce of
liquid. I really wish these were bigger. Compared to a Zoku pop, these ice sabers are small, but then
again, the Zoku pop is sizeable. But, because the ice sabers are small & slender, they freeze pretty

quickly--not more than a couple hours (sorry, can't remember the time)? Obviously, this is longer than the quick Zoku pop freeze-time, but they are not the same type of popsicle experience anyway. My boys had no complaints about size. The mold unit itself was a bit too tall to fit into the freezer of my traditional top-freezer refrigerator, but it probably would've fit if I had removed the rack--kind of a pain-in-the-butt. Instead, I used our chest freezer to freeze the ice sabers. Despite these slight issues, I'd still buy this in a heartbeat because they're just a blast. Ha ha. In fact, I'm thinking of buying another, so I'll have 8 ice sabers ready-to-go at one time. This was an impulse purchase at Linden Tree Books in Los Altos, CA, costing \$25. Ice saber removal is pretty easy: the receptacles need to be warmed with running cold water for a quick release. Still, one ice saber broke in half as I was trying to remove it.

When you buy this cookbook, you get the really cool ice saber molds and that's probably enough for a lot of you. Because the ice pop molds are really just that cool. The book has 30 recipes for frozen treats. There are only 3 recipes for ice pops in Darth Vader Red, Obi-Wan Blue and Luke Green. The rest of the book is easy to make recipes inspired by the movies. My daughter, who has strong cooking skills, really likes Chewie Chocolate Cheesecake Pops. This is one of the recipes that doesn't look like something from the movies, but each step is explained well and they are easy to make. A basic chocolate cheesecake without a crust is baked, frozen, cut into pieces and dipped in chocolate. Sometimes the tie between the movie and the dessert is a catchy, rhyming or punning name such as Bananakin Splits or Tauntun Bon Bons. Other desserts like Ice Cream Clones look like something from the movies. The Twin Suns Sherbet Bombe is my favorite visually, it's simple to make and stunning. The name that had me laughing out loud is the incredibly refreshing citrus Moscelly granita which is also my favorite recipe in the book. So a fan, especially a younger fan who is learning to cook, would enjoy the cookbook. The recipes are simple and really nice for a hot summer day. The recipes are clearly written by author Lara Starr, and the photographs by Matthew Carden are just delightful, featuring lots of action figures with the various desserts. It's a soft cover book in full color. The molds! One cup of liquid is enough to fill all 4 molds with a couple tsps left over. The molds stand easily in a fridge and the pops release easily after running a bit of warm water over the mold. I've had no issues with the molds. Cleaning will require a bottle brush if you clean by hand. [I received a complimentary copy of the book to review on my craft blog- Don't Eat the Paste. I received no other compensation, and my review is my honest opinion of the product.]

My son was so excited when he got this as his gift. We made Popsicle with orange juice. When

trying to take them out of the mold, they all broke in half. Each mold has a plastic piece that runs down the middle. That middle piece does not run down the entire length of the mold. Each Popsicle broke right at the point where the plastic part ended. My son wanted me to take this item back.

As far as the popsicle molds...they are small and get even smaller after attempting to get them out of the mold. It's a cute idea and my 6-year-old loved it, but it could be better designed. As far as the recipe book...many of the recipes are not really do-able and some are cheesy. There isn't a whole lot I'll use out of that. But, I'm not sure most people would buy this, just for the recipe book. It's just kinda thrown in with the popsicle mold.

I saw this at Costco for \$15 and thought my kids would love it as they are super Star Wars Fans. We tried the popsicles twice and they all broke where the stick ends when getting them out of the mold. The mold is one piece with 4 chambers and caps (handles) that snap on. Makes it harder to get them out. If the molds were individual with a rack to stand them up in, it would be better, plus a longer stick. Taking it back.

My son is Star Wars crazy right now, so we couldn't wait to try this for the lightsaber mold. Our very first time using it, the sticks broke. My son was very upset. I called and got a free replacement. We handle them very gently and run warm water over them before trying to remove the pops. I was very impressed with the company's customer service. The Star Wars cookbooks have been very helpful getting my little guy to try new foods and making some all by himself:).

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